

A Jolly View...

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General Manager/COO



Equine-Assisted Therapies
of South Florida, Inc.
Creating a path to unbridled moments. Witness the magic.

Horseplay

Dear Members,

Tikkun Olam, repair of the world, is a concept in Judaism that refers to various forms of action intended to repair and improve the world. To me, the idea is meaningful as someone who has always prioritized helping those less fortunate and making a positive difference in my community. More than words, they are actions I am committed to and have started instilling in my staff through our recently formed Community Action Team or C.A.T.

The mission is to volunteer with local non-profits as a small team to strengthen our relationships with one another, enhance camaraderie and, of course, impact a charity that needs hands-on volunteers. After discussing with our Executive team, we identified numerous charities that resonated with them and mapped out a plan to start with our first organization, Equine Assisted Therapies of South Florida. E.A.T.S.F is dedicated to providing therapeutic riding and equine activities to children and adults with special needs, so they improve their physicality and make strides mentally and emotionally.

On a warm Tuesday morning, we headed out to their center and were divided into teams. Some raked leaves, others moved rocks to protect the horse's feet, and everyone felt a part of something special as we worked towards a common goal. "This is fantastic to be here with my co-workers. It makes us stronger, allowing us to work as one. When we get an opportunity to spend time with one another, it builds a more cohesive team," says Culinary Director, Garrick Ferguson Jr. For Merchandise Manager, Beth Freedman, the feeling was the same. "I love this. I'm in my element right now. Teamwork is what we focus on at Boca Grove. This makes us even better and allows us to get to know one another on a personal level."

This is powerful as it creates empathy and a greater understanding of personalities and backgrounds, allowing us to succeed even further in our operations at the club. "I love giving back to the community. Two years ago, I was diagnosed with M.S., which opened my eyes to other people's challenges. Volunteerism like this is so important to non-profits. Without people like my colleagues and I, this organization and many others would have difficulty getting by."

Although an initiative to build camaraderie, boost team morale, aka combat burn out, and encourage positive community impact amongst our team, members are welcome to join in our next event honoring 10 year employee, Phillip Gabe.

We will be doing an MS walk in Philip's name on March 26. Please reach out to bfreedman@bocagrove.org to sign up and/or donate to Team Gabe.



Positively impacting others, a small act of kindness, and giving back. It's a small step for our team, but we are committed to the journey.